

# SFDRCSID-SHAC MEETING MINUTES

**DATE:**

2/12/25

**TIME:**

12:00 PM VIA ZOOM

**FACILITATOR:**

Melyna Fernandez- SHAC Board President

**IN ATTENDANCE**

Rufina Adams, Jane Villarreal, Sandra Hernandez, Rachel Garcia, Brenda Iglesias, Reno Luna, Claudia Juarez, Carolina Cardenas, Melissa Padilla-Limon, Monica Ruiz, Melyna Fernandez, Gabriela Huerta, Lizbeth Molina, Karina Mireles, Josue Venegas, Patricia Cardwell

**ITEMS DISCUSSED**

- Update on School Health
- I LOVE MY TEACHER 5k Run

**BOARD**

Meeting was called to order at approximately 12:01 p.m. by SHAC Board President- Melyna Fernandez. Mrs. Fernandez then conducted a roll call.

Upon completion of attendance roll call, Mrs. Sandra Hernandez, Chief Administrative Officer, provided a School Health Update. She presented the Health and Human Sexuality Curriculum. Mrs. Hernandez shared that the curriculum was aligned with TEXAS state TEKS. She also shared that lessons would be taught by trained staff to include teachers and nurses. Staff will be trained on the Sex Education curriculum- CATCH and Big Decisions. Mrs. Hernandez added that in addition to the CATCH curriculum the district will also continue to implement the DR Cares curriculum to support mental health. During the meeting a hyperlink was shared with committee to showcase district access to include: 1. Catch Curriculum, 2. At a Glance overview and 3. TEKS alignment. Mrs. Hernandez shared that middle school students would be reviewing the BIG DECISIONS Curriculum, which are abstinence-based lessons. Mrs. Hernandez added that parents would need to consent prior to students receiving instruction. A parent did ask if students would receive instruction in a co-ed environment. Mrs. Hernandez shared that students would be grouped by gender for content comfort.

Mrs. Rachel Garcia, Human Resources Department, introduced the upcoming "I LOVE MY TEACHER 5k" schedule for April 26<sup>th</sup>. Mrs. Garcia shared that the 5K run starts at 8:30 am. Run will be showcased on the jumbo tron and concludes with the award ceremony. Volunteers are needed. Carolina Cardenas addressed previous feedback to that mentioned including better inclusion of the elementary aged students. A sub committee was formed to expand the current I LOVE MY TEACHER Run to add an additional event targeting elementary students/campuses. Subcommittee to include Rachel Garcia, Carolina Cardenas, Claudia Juarez, Gabriela Huerta, Lizbeth Molina, Karina Mireles and Melyna Fernandez.

**NEXT MEETING**

May 8, 2025 at SPC. After no further questions and discussion, meeting adjourned at 12:42 p.m.