SAN FELIPE-DEL RIO CISD COMMUNITY & STUDENT ENGAGEMENT 2017-2018

Wellness & Physical Education



CALDERON ELEMENTARY KINDER – 5

Nutrition Guidelines & Healthy Campus Environment

Students are engaged in instructional experiences that result in gaining knowledge of good health practices. Nurses, counselors and child nutrition specialists contribute to the health of students and the campus environment.

Distribution of	Availability of school	Anti-bullying	Health Screenings on
Information on	breakfast/lunch	lessons/programs, or	Campus
Wellness Clinics	program	educational activities	
Availability of School	Availability of School	CPR training provided to	Character Education
Counselor	Nurse/LVN	staff and/or students	

The following are **campus specific** programs or offerings.

Ex: Nurse conducted scoliosis screening		

RATING

1	2	3	4
Unacceptable	Acceptable	Recognized	Exemplary
Less than 3 programs, strategies or methods are identified; strategies seldom occur.	Selected strategies are implemented on an on- going basis.	Selected strategies are implemented with rigor and frequency.	Selected strategies are implemented, monitored & adjusted to address individual student needs.

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Rati	ng:

Physical Education and Activity

The campus values physical activity for health, enjoyment, self-expression and social interaction.

Availability of PE	Field Day	Participation in District Coordinated Activities	Bike Safety Information
Fitness gram	Recess Opportunities	Safe Playground Equipment	Availability of Fitness Programs on Campus (not related to Fitness gram)
Fun-Runs, Walk-a- Thons, Community Runs, and 5k's			

The following are **campus specific** programs or offerings.

Ex: Elementary Cross Country Meet		

RATING

1	2	3	4
Unacceptable	Acceptable	Recognized	Exemplary
Less than 3 activities are identified; activities seldom occur.	Selected activities are implemented on an on- going basis.	Selected activities are implemented with rigor and frequency.	Selected activities are implemented, monitored & adjusted to address individual student needs.

Rating:

Coordinated School Health Services and Education

Campus Health Services provide episodic care, management of chronic conditions, care for students with specialized medical needs, monitoring of communicable diseases, promotion of healthy behaviors, connection of families with health resources, and handling of medical emergencies. The campus provides educational opportunities for promoting and maintaining individual, family and community health.

Life Skills class offerings	Bike safety information provided to students/parents	DARE/Red Ribbon week activities	Character education
Anti-bullying lessons/programs and educational activities	Guest Speakers	Health screenings on campus (heart, hearing, vision, dental, spinal)	Participation in health fairs, free vaccination clinics/other health services
Notice of Required Immunizations	Parent trainings	Back-to-School health programs	

The following are **campus specific** programs or offerings.

Ex: Just Say No		

RATING

1	2	3	4
Unacceptable	Acceptable	Recognized	Exemplary
Less than 3 activities are identified; activities seldom occur.	Selected activities are implemented on an on- going basis.	Selected activities are implemented with rigor and frequency.	Selected activities are implemented, monitored & adjusted to address individual student needs.

Rating:

Staff Wellness

Health promotion activities improve productivity, decrease absenteeism and reduce health insurance costs.

Employee Assistance Programs	Free Health Screenings	Blood Drive	Campus-led fitness activities
Community fun runs			Unlicensed Diabetes Care assistant training/requirements (mandated by HB 984)

The following are **campus specific** programs or offerings.

Ex: Staff Bowling Night		

RATING

1	2	3	4
Unacceptable	Acceptable	Recognized	Exemplary
Promote less than 2 activities per school year.	Promote 3 - 4 activities per school year.	Promote 5 – 6 activities per school year.	Promote more than 6 activities per school year.

Rating: