

August 22, 2024 at 12:00 PM - School Health Advisory Council (SHAC) Meeting

Agenda

Open School Health Advisory Committee (SHAC) Meeting

Introduction of approved SHAC members

What is SHAC? (Review requirements)

Election-Chair, Co-Chair

Discussion of "I Love My School 5k Run"
(Rae Garcia)

2024-2025 Upcoming SHAC Meetings

Adjourn School Health Advisory Committee (SHAC) Meeting

SHAC Meeting Minutes for August 22, 2024, 12 noon via Zoom

12:05 pm- Meeting was called to order by Ms. Rufina Adams. Meeting agenda and documents were provided and followed as each discussion item was introduced. Ms. Adams congratulated and thanked each member of the council for their attendance and willingness to be part of SHAC. Next, each member introduced themselves and shared the schools-agency-departments they represented and/or their child's schools they attend throughout the school district.

12:15 pm- Discussion on the definition, purpose, local district requirements and mission of SHAC including components of health and wellness for all of our SFDRCSISD students and families. Sub-committees were discussed including health curriculum, physical education, mental health, nutrition will be formed to meet of the local/legal requirements.

12:22 pm- Duties of Chair and Co-Chair were discussed. Chair will make presentation to the school board in May 2025. Chair and Co-chair will work closely with Ms. Adams on agendas and necessary information needed for each upcoming SHAC meeting. Election of Chair and Co-Chair was held. After nominations and voting for each position, parent Melyna Fernandez was elected Chair and parent Lizbeth Molina was elected Co-Chair.

12:29 pm: Amy Childress and Rae Garcia reviewed 5-K Run that will be held in April 2025 in which SHAC assistance will be needed since it will involve health and fitness. The event will be held on a Saturday and will be a public event. A sub-committee will be formed and will work with Human Resources on the specific details of the event and share flyers and additional information at a later meeting date. Sandra Hernandez mentioned the event expanding to incorporate activities for Pre-K age children age group and involve community agencies health fair. Further details concerning SFDRCSISD 5-K Run will be presented at a future meeting.

12:35 pm: Discussion of upcoming SHAC meetings both in person and via Zoom. All future meetings will be held between 12:00 pm-1:00 pm. After discussion and recommendations for future meetings, council agreed to the following future meetings: September 26, 2024 in person, February 13, 2025 via Zoom, May 8, 2025 in person, July 10, 2025 via Zoom.

12: 40 pm: Meeting adjourned.