



Local Family Resources and Assistance

Recursos y Asistencia Local para las Familias



Clothing, Food and Utilities	Organization	Address	Phone	Contact person	Notes
City Offices (Oficinas Municipales)					
	City of Del Rio Transportation	100 Ogden, Del Rio, TX	830-774-8690	Esther Avila	Demand Response Mon-Sat. Medical 4:30am-6p Public 6am – 6pm (Transportación de la ciudad de Del Rio)
✓	Del Rio Police Department	101 Lowe Dr., Del Rio, TX	830-774-2711	Chief Frank Ramirez	Jackets & Coats (Chaquetas y abrigos)
	Office of Texas Attorney General	1901 Garner Field Rd, Uvalde, TX	800-252-8014	www.oag.state.tx.us	Establishment/enforcement of child support orders (Establecimiento/ejecución de manutención infantil)
	Sex Offender Registry	Website Only	Website Only	Website Only	https://www.cityofdelrio.com/?navid=146 Sex Offender List (Lista de delincuentes sexuales.)
Community Assistance (Asistencia Comunitaria)					
	American G.I. Forum	411 E. Morin St. Del Rio, TX	830-422-5316	Tina Martinez	Scholarships and other assistance (Becas y otras ayudas)
	Area Agency on Aging – AAA	307 W. Nopal St. Carrizo Springs, TX	1-800-224-4262	Sofia Sifuentes, Director	Serving individuals age 60 and older. Medicare, Medicaid, Nursing Home Resident Rights (Atención a personas de 60 años o más. Derechos de los residentes de Medicare, Medicaid, asilo de ancianos)
✓	Bargain Box	106 W. Greenwood Del Rio, TX	830-775-9368	Anyone who answers	Discount clothing/household Open -Wed. 9am to 2pm Open - Sat. 9am to 3pm (Descuentos de ropa/artículos para el hogar)
✓	BCFS – Health and Human Services, Domestic Violence Program/Support Groups, Self Defense Classes, FAYS Program, Strengthening Families	712 E. Gibbs St. Suite 200 Del Rio, TX	830-768-2755 Crisis Hotline #24/7	Josue Venegas, Director Domestic Violence - Claudia Lopez	Free Assistance for At-Risk Youth, Workshops, Domestic Violence/Family conflict resolution/parenting classes, crisis intervention, coping, parenting skills https://m.facebook.com/BCFSdelrio/ (Asistencia gratuita para jóvenes en riesgo, talleres, violencia doméstica/resolución de conflictos familiares/clases para padres, intervención en crisis, afrontamiento, habilidades para padres)

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✓	Bethel Center	900 E. 13 th St. Del Rio, TX	830-775-1610	Luz Covarrubias	Used clothing, food, furniture utilities, medication Tue-Fri 3pm- 6pm Sat. 9am-3pm (Ropa usada, muebles, ayuda con recibos de servicios públicos, medicamento)
	Casa de la Cultura	302 Cantu St.	830-768-2287	Lupita De La Paz	Accessible and affordable classes and events to art and literacy for the entire community. (Clases y eventos de arte y alfabetización accesibles y asequibles para toda la comunidad)
✓	Community Action of South Central TX Val Verde County	102 Center Dr, Suite A	830-422-2196	Lisa Cardenas, Coordinator	Income-based assistance: Aid for utilities, shelter, weatherization, repairs to home Mon.-Wed. 8am - 5pm (Ayuda basada en ingreso para ayuda con recibos de servicios públicos, refugio, climatización, reparaciones al hogar)
	Covenant House	Runaway Hotline	1-800-786-2929 1-800-388-3888		http://covenanthouse.org/ (Línea directa para los huyentes)
✓	Del Rio Host Lions Club	Del Rio, TX	830-774-2296	Ken Sievers	Student eyeglasses and scholarship opportunities (Anteojos y oportunidades de becas para los estudiantes)
	Del Rio Housing Authority	207 N. Bedell Ave. Del Rio, TX	830-774-6506	Isidro Valdez Fernandez, Executive Director	Public Housing www.delrio-ha.com (certain requirements must be met) (Vivienda Publica)
	Dept. of Family and Child Protective Services (CPS)	173 Wildcat Dr. Del Rio, TX	830-774-5675	Lisa Jensen, Supervisor	Child/Family Protection Agency 1-800-252-5400 Abuse Hotline (Agencia de protección infantil/familiar)
	Workforce Solutions Middle Rio Grande	1601 Veterans Blvd. Suite #1 Del Rio, TX	830-774-4741 800-939-6631	Maritza Salinas https://www.twc.state.tx.us/	Texas Unemployment Office. Also offers guidance on how to fill out applications for food stamps, TANIF etc. Child care assistance also available. (Oficina de desempleo de Texas. Orientación para llenar aplicaciones de comida, TANIF, etc. Apoyo con cuidado de niños.)
	Childhelp	National	Hotline: 1-800-422-4453		National Assistance for Children Asistencia Nacional para Niños
	National Runaway Safeline	Runaway Hotline	1-800-786-2929	24 hour assistance	https://www.1800runaway.org/ (Línea nacional de seguridad para fugitivos)

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	People Ready	807 Veterans Blvd. Del Rio, TX	830-768-3822	Cecilia Villarreal 8032-BR@peopleready.com	Job Placement/enforcement of child support orders (Establecimiento/ejecución de órdenes de manutención infantil)
	Salvation Army Homeless Shelter	515 W. Elmira San Antonio, TX	210-352-2000	Anyone who answers	Daily intake at 2pm – 10pm Weekend – intake any time (Refugio para indigentes)
✓	San Felipe Lions Club	100 Lions Del Rio, TX	830-775-9413		Student Eyeglasses, Scholarship Opportunities (Anteojos y oportunidades de becas para los estudiantes)
	Social Security Administration	Val Verde Community Center 1690 Cienegas Rd. Del Rio, TX	830-768-1054 877-405-5474 1-877-701-3151 1-800-772-1213	Valerie Barrera M-W 9am-11:30am, 1pm-3:30pm 1-888-862-4864	SSI and social security cards, info (Ingreso de seguridad suplementario y tarjetas/información del seguro social)
✓	SNAP Food Stamp Offices	173 Wildcat	830-774-3661		Supplemental nutrition assistance program. (Programa de asistencia nutricional suplementaria)
✓	Texas Health & Human Services Commission	173 Wildcat Dr. Rear Entry Del Rio, TX	830-774-3661 Mon. – Fri. 8:00 - 5:00	Adriana Galvan, Supervisor	Food Stamps (SNAP), CHIP TANF, Medicaid, perinatal www.your.texasbenefits.com (Estampillas de comida, Medicaid, perinatales)
	Texas Rio Grande Legal Aid	902 E. 11 th St. Del Rio, TX Closed for in-	833-329-8752 956-996-8752	Anyone who answers	Low to no cost Legal Aid (Asistencia legal de bajo costo o sin costo)
	Texas Runaway Hotline	Runaway Hotline	1-800-989-6884	Texas Youth Help line	https://www.dfps.texas.gov/Youth-Helpline/default.asp (Línea directa para los huyentes)
	Texas Veteran's Commission	508 E. 11th	830-774-7548 830-774-7549	Adrian Bitela	VA Guidance on filling out compensation and pension forms and documents. (Orientación para cumplimentar formularios y documentos de pensiones y compensaciones)
✓	Val Verde Self Help Center	2523 97 Hamilton Lane Del Rio, TX	830-774-7393	Octaviana Patino	Food distribution for elderly/yard tools for residential use. Other tools available (Distribución de alimentos para ancianos /herramientas residenciales)
✓	Val Verde Sheriff's Office	295 FM 2523 Hamilton Rd. Del Rio, TX	830-774-7513	Joe Frank Martinez, Sheriff	Holiday assistance to needy families (Ayuda para familias necesitadas)
	Voice of Hope – Human Trafficking Assistance	Nationwide	806-763-3232 OR TEXT BeFree (233733)	Anyone who answers	National Human Trafficking Resource Center (Centro nacional de recursos contra la trata de personas)
✓	WIC (Women, Infants & Children)	200 Bridge St. Del Rio, TX	830-774-8609	Luz Covarrubias 830-774-8605	Nutrition for pregnant women and infants/children (Nutrición para mujeres embarazadas y beses/niños)

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Community Services (Asistencia Comunitaria)					
	Youth Prevention Universal Program (YPU)	2008 Veterans Blvd. Suite C Del Rio, TX	830-422-2231	Mario Arreola Sandra Romo	One-on-one counseling and groups 3 rd – 12 th grade (Servicios de prevención dirigidos a estudiantes de 5° a 12° grado)
	Girl Scouts of SW Texas	Southwest District	210-349-2404	Receptionist	Girl Scout Leadership Experience, finding and joining a troop (Experiencia y liderazgo de Girl Scouts. Encontrar y unirse a una tropa)
	Boy Scouts of SW Texas	402 W Cantu Rd	832-428-5131	Loral Hunt lhunt@amigochildrendental.com	Local Boy Scout troop (Tropas locales de Boy Scouts)
	Laughlin Air Force Base Military Connected Families	520 Mitchell Blvd. Bldg. 362 Room 112A	830-298-4788	Janette Gomez, School Liaison Program Manager	
	Laughlin AFB Child Development Center	LAFB	830-298-5419	Melissa Menchaca	Services for military families with children (Servicios para familias militares con niños)
	Laughlin AFB Youth Center	LAFB	830-298-5343	Melissa Menchaca	Services for youth in military families (Servicios para jóvenes de familias militares)
	Airman & Family Readiness Center	520 Mitchell Blvd, Bldg. 362 Laughlin AFB Del Rio, TX	1-830-298-5620	Tony Utalan Jessica Peak 830-298-5324	Uniformed personnel, families, retirees, widows, widowers, LAFB, community (Personal uniformado, familias, jubilados, viudas, viudos, LAFB, comunidad)
	Community Support Coordinator	561 Liberty Dr. Bldg. 344 – LAFB Del Rio, TX	830-298-9344	Anita Williams	Support Services- Military Families (Servicios de apoyo para familias militar)
Educational Services (Servicios Educativos)					
	San Felipe-Del Rio CISD Student Services/Registration Department	900 Cantu Rd. Annex I Del Rio, TX	830-778-4185 830-778-4170	Pam Padilla, Coordinator Family/Pupil Services	Student School Registration Transcripts (Transcripciones de inscripción escolar de estudiantes)
	San Felipe-Del Rio CISD Bilingual Education Department	215 E. Garfield Del Rio, Texas	830-778-4084	Karen Shafer, Director of Bilingual Education	Assisting students and families with all bilingual education services (Ayudando a los estudiantes y las familias con todos servicios de educación bilingüe)
	San Felipe-Del Rio CISD McKinney- Vento/Foster Care Liaison	902 Cantu Rd. Annex II Del Rio, TX	830-778-4153	Rufina (Ruby) Adams, Director of Federal & State Programs	Families in Transition/Homeless Foster/Unaccompanied/Youth Title I (Familias en transición, sin hogar, jóvenes no acompañados, niños de crianza)

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Education (Servicios Educativos)					
	San Felipe-Del Rio CISD Special Education Department	400 E. 17th St. Annex IV Del Rio, TX	830-778-4253	Monica Luna, Director of Special Education	Assisting students and families with all special education services (Ayudando a los estudiantes y las familias con todos servicios de educación especial)
	San Felipe-Del Rio Food Services Department	902 Cantu Rd. Annex I Del Rio, TX	830-778-4165	Brenda Iglesias, Director of Food Services	Assisting students and families with all school food services (Ayudando a los estudiantes y las familias con todos los servicios de alimentación)
	San Felipe-Del Rio Transportation	800 W. 15 Street Del Rio, TX	830-778-4222	Thomas Cabello, Director of Transportation	Assisting students and families with all transportation services (Ayudando a los estudiantes y las familias con todos los servicios de transporte)
	South West Texas Junior College GED Services	207 Wildcat Drive Del Rio, TX	830-703-1586 830-703-1572	AEL@swtjc.edu	Free Adult Education Classes including GED and ESL (English as a Second Language) (Clases gratuitas de educación para adultos que incluyen GED y ESL (Inglés como Segundo Idioma)
	Sul Ross State University	205 Wildcat Drive Del Rio, TX	830-703-4816	Ulisses Gallegos, Enrollment Specialist	Office of Admissions (Oficina de admisiones) ulisses.gallegos@sulross.edu
Food Banks (Bancos de Comida)					
✓	Faith Mission Food and Clothing	2903 Frontera Rd. Del Rio, TX	830-775-6629	Pastor Tims	Sat. 10am to 12 noon Church services followed by a hot meal and available dry food and clothing (Servicios religiosos seguidos de una comida caliente y alimentos secos. Ropa disponibles)
✓	Val Verde Community Center Food Pantry	1690 Cienegas Rd. Del Rio, TX	830-768-1054	Sandra Velez svelez@valverdecounty.org	Food Distribution/Meeting Site Medical/Dental Services (Sitio de distribución/reunión de alimentos , servicios médicos/dentales)
✓	Val Verde County Loaves and Fishes Food Pantry	509 E. Chapoy (Old Cardwell School) Del Rio, TX	830-313-1451	Marrgie -Caroll feeddelrio@gmail.com	Mon – Wed. – Fri. 9:00 am to 12:00 noon Application Process. Dry and canned foods (Despensa de alimentos. Proceso de Aplicación)

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Government (Gobierno)					
	Consulate of Guatemala	106 Foster Dr. Ste. A Del Rio, TX	830-422-2230	Zilma Gonzalez, Admin Assistant	consdelrio@minex.gob.gt (Consulado de Guatemala)
	Consulate of Mexico	2207 N. Bedell Ave. Del Rio, TX	830-775-2352	Consul Paloma Vargas	Consular protection, community documentation, information (Protección consular/información sobre documentación comunitaria)
	DPS Roadway Emergencies Only	Statewide	1-800-525-5555	24 hour assistance	Stranded motorists, report drunk driver (Automovilistas varados/ reportar conductores ebrios)
	National Center for Missing and Exploited Children	Nationwide	1-800-843-5678	24 hour assistance	All issues related to the prevention and recovery from child victimization (Todos los temas relacionados con la prevención y recuperación de la victimización infantil)
	South Texas Poison Control Center	Statewide	1-800-222-1222	24 hour assistance	Offers poison prevention education and a 24-hour hotline for poisoning incidents (Ofrece educación para la prevención de envenenamiento y una línea directa las 24 horas para incidentes de envenenamiento)
	National Response Center	Nationwide	1-800-424-8802	24 hour assistance	Report Chemical/Oil Spills/ Bio Terrorism (Informe de derrames de productos químicos/ petróleo/ bioterrorismo)
Government Services (Servicios Gubernamentales)					
	U.S. Customs Border Protection	Del Rio Sector 2401 Dodson Ave, Del Rio, TX	830-778-7000	Receptionist	Responsible for detecting and preventing the smuggling and unlawful entry of undocumented immigrants into the United States (Responsable de detectar y prevenir el contrabando y la entrada ilegal de inmigrantes indocumentados a los Estados Unidos estatales)
	U.S. Secret Service San Antonio, TX	Receptionist	210-308-6220	24 hour assistance	Ensure the safety and security of our protectees, key locations, and events of national significance. They also protect the integrity of our currency; investigate crimes against the U.S. financial system (Garantizar la seguridad y la protección de nuestros protegidos, ubicaciones clave y eventos de importancia nacional. También protegen la integridad de nuestra moneda, investigan delitos contra el sistema financiero estadounidense)

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Health & Social Services (Salud y Servicios Sociales)					
	The Autism Therapy Group	Offices in Del Rio and San Antonio, TX	Consultation: (847)465-9556		In-Clinic Therapy, In-Home Therapy, Hybrid Approach Specialized Applied Behavioral Analysis (ABA) Therapy Services designed to meet the unique needs of each child. (Grupo de terapia de autismo especializado en análisis conductual aplicado en el hogar y en el entorno comunitario)
	Child Abuse Hotline	Nationwide	1-800-252-5400	24 hour assistance	Dedicated to the prevention of child abuse. (Dedicada a la prevención del abuso de niños)
	Crime Victims Compensation	VV Sheriff's Office	830-774-7513	Krystal de Luna kdeluna@valverdesheriff.com	Assist victims of violent crime with expenses associated with the crime (Ayudar a las víctimas de delitos violentos con los gastos asociados con el delito)
	Department of State Health Services Immunizations	173 Wildcat Dr. Del Rio, TX	830-774-3661	Janenna Chavez	Immunizations/for adults also Mon.- Fri. 8-12 am – 1-5pm - Appointment Only (Vacunas por cita solamente)
	Department of State Health Specialized Health/Social Services	2201 W. Main St. Uvalde, TX	830-278-7151	Receptionist	Personal Care, children with special needs 0- 21 yrs. (Cuidado personal, niños con necesidades especiales de 0-21 años de edad)
	Dept. of Aging and Disability (formerly DADS)	173 Wildcat Dr. Del Rio, TX	830-703-7767	Lisa Jensen	Assistance to elderly (Asistencia para personas mayores)
	Early Childhood Intervention	132 Foster Dr. Del Rio, TX	830-774-1156 Fax-774-7123	Lena Bermea, ECI, Supv. lena.bermea@esc15.net	Developmental delays or disabilities birth to 3 years (Retraso en el desarrollo o discapacidades desde el nacimiento hasta los 3 años)
	Mental Health & Developmental Disabilities Center	1927 N. Bedell Del Rio, TX	830-774-8702 800-826-6268 Fax: 830-774-1262	Front Office	Mental health, development disability, substance, abuse, early childhood intervention (Salud mental, discapacidad del desarrollo, abuso de sustancia, intervención infantil temprana)
	Mental Health Crisis Hotline	Mental Health Issues	1-800-621-1693	24 hour assistance	Mental Health Emergencies/Issues (Emergencias de salud mental)
	National Suicide Prevention Lifeline	Suicide Prevention Hotline	1-800-273-8255	24 hour assistance	Help for people in emotional distress or suicidal crisis (Ayuda para personas en angustia emocional o crisis de suicida)
✓	Nutrition/Social Services for Elderly	1105 W. De La Rosa Del Rio, TX	830-774-8670	Josie Balderas - Director	Meals on wheels in group setting or home; local transport to doctors, clinics, attorneys, hospitals, etc. (Comidas a domicilio en grupo o en casa; transporte médico, clínicas, abogados, hospitales, etc.)

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Health & Social Services (Salud y Servicios Sociales)					
	Rural Border Intervention (RBI) Program	2008 Veterans Blvd. Ste C Del Rio, TX	830-422-2231	Maira Venegas	Substance abuse intervention, treatment along the Texas/Mexico border (Intervención de abuso de sustancias, tratamiento a largo de la frontera de Texas/México)
	Safe Kids Val Verde	801 N. Bedell Ave Del Rio, TX	830-778-3632	Tara Vets	Car seat checkups, safety workshops, sports clinics, that help parents/caregivers prevent child injuries (Revisiones de asientos de automóviles, talleres de seguridad, clínicas deportivas, que ayudan a los padres/cuidadores a prevenir lesiones en los niños)
	Teenline Online	Help lines, Forums, Crisis Hotlines, Free Support	1-800-852-8336	Text: TEXT TEEN TO 839863	www.teenlineonline.org (Línea directa para adolescentes)
	Texas Department of State Health Services	Public Health Region 8 - 7430 Louis Pasteur Dr., San	210-949-2000	24 hour assistance	Public Health (Salud pública)
	TX Health & Human Srv/Dept of State Health Srv/Public/Community Health, Reg. & Heath Improvement Division	173 Wildcat Dr. Del Rio, TX	830-768-2800 Fax-774-8683	Appointment Only - Emergency Number 210-949-2121	Human Srv.Tech/National Child Passenger Safety Tech/National radKIDS Instructor/Certified Community Health Worker(Tecnología nacional de seguridad de pasajeros infantiles/Trabajador certificado de salud comunitario)
	Wesley Nurse Ministries	100 Spring St. Del Rio, TX	830-775-1541	Jackie Hernandez, RN	Case Management Support mfaulkner@mhmm.org (Soporte de manejo de casos)
	Women's and Children Shelter	Undisclosed Location Del Rio, TX	830-775-2052	Ashley Wilson	Shelter for women and children/ Domestic issues (Refugio para mujeres y niños/Asuntos domésticos)
Library (Biblioteca)					
	Val Verde County Library	300 Spring St.	830-774-7595	David Bond, Director	Library services for children, families, adults (Servicios bibliotecarios para niños, familias, adultos)
Medical Services (Servicios Médicos)					
	American Red Cross	129 Foster Dr. Del Rio, TX	830-768-2876 800-928-4271 National Hotline		Disaster Relief and Emergency Assistance (Alivio de desastres y asistencia de emergencia)

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Medical Services (Servicios Médicos)					
	CPRIT - Cancer Screening	801 N. Bedell St. VVRMC	Must go in person.	Receptionist	Provides cancer screening for cervical cancer, colorectal cancer and breast cancer, free for eligible people (Proporciona detección de cáncer de cuello uterino, cáncer colonrectal y cáncer de mama, gratis para personas elegibles)
	East Academy Clinic	119 E. Academy St. Del Rio, TX	830-422-3305	Dr. Patterson	
	Hill Country Mental Health	1927 N. Bedell Del Rio, TX	830-774-8702 877-466-0660	Rachel Cedillo, Director	Services for adults and children intakes Tue., Wed., Thur., 8 am to 3 pm (Servicios para adultos y niños)
	RMOMS (Rural Maternity and Obstetrics Management Strategies) VVRMC (Rural Health Clinic)	1801 N. Bedell St.	830-768-9232	Receptionist	Helps women have quality healthcare from family planning to postpartum care (Ayuda a mujeres a tener atención médica de calidad, desde la planificación familiar hasta la atención posparto)
	San Antonio Behavioral Healthcare Hospital	8550 Huebner Rd. San Antonio, TX	210-541-5300	www.sanantoniobehavioral.com	Acute care psychiatric & substance abuse treatment facility specializing in behavioral & mental health services (Centro de tratamiento de abuso de sustancias y psiquiátrico de atención aguda que se especializa en servicios de salud mental y del comportamiento)
	United Medical Center 3 Locations	913 S. Main St 1117 W. De La Rosa 2209 N. Bedell Ave.	830-774-5534 830-774-1700 830-775-1272 Dental: 830-768-4800	Lydia Olivera	Medical Services: Family Medicine, Pharmacy, Dental, Lab (Servicios médicos: Medicina familiar, farmacia, dental y laboratorio)
	Rural Health Clinic	1200 N. Bedell Del Rio, TX	830-778-3629	Sonia Maldonado Dr. Vega	Mental Health Outpatient Psychiatric Evaluations (Evaluaciones psiquiátricas para pacientes ambulatorios de salud mental)
	Val Verde Sexual Assault Response Team/SART	712 E. Gibbs Suite 200 Del Rio, TX	830-768-2755	Claudia Lopez cl3215@bdfs.net	Law Enforcement-VVRMS-QUAD- BCFS Adrienna Gonzalez, MSN,RNCA,CPSANE Coordinator Deyanira Ortiz (Ayuda asociado con el asalto sexual)

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Assistance Provided by Religious Organizations (Asistencia Proporcionada por Organizaciones Religiosas)					
✓	Catholic Charities Archdiocese of San Antonio, Inc.	106 Miers St., Del Rio, Tx	210-242-3100	Ana Markowski Smith	<u>Assistance with legal services, clothes closet, food pantry, counseling, parenting support and education services</u> https://ccaosa.org/del-rio/ (Asistencia con servicios legales, armario de ropa, despensa de alimentos, asesoramiento, apoyo para padres y servicios educativos)
✓	City Church Del Rio	1701 Gillis Ave. Del Rio, TX	830-469-7832	Shon Young, Pastor shonyoung@live.cm	Assistance with food, clothing www.citychurchdelrio.com (Ayuda con alimentos y ropa)
✓	Our Lady of Guadalupe Catholic Church	509 W. Garza St Del Rio, TX	830-775-3713	Front Office	Assistance with utilities and medications (Asistencia con recibos de servicios públicos y medicamentos)
✓	Sacred Heart Catholic Church St. Vicente de Paul	307 E. Losoya St. Del Rio, TX	830-775-2143	Anyone who answers to make appointment	Assistance with utilities and meds Thurs. 6 –7 (Asistencia con recibos de servicios públicos y medicamentos)
✓	St. Joseph's Catholic Church St. Vicente de Paul	410 Wernett St. Del Rio, TX	830-775-4753 830-313-5150	Front Office	Assistance with utilities and medications Food – Tuesdays 6 pm only (Asistencia con recibos de servicios públicos y medicamentos)