

March is National Athletic Training Month

“Compassionate Care for All” is the theme of this year’s National Athletic Training Month, which is sponsored by the National Athletic Trainers’ Association (NATA), a not-for-profit organization based in Dallas, Texas, and is the governing body for all certified athletic trainers around the world. Athletic trainers are directly responsible for the health care of the athletes who belong to the organization for which they work. Athletic Trainers have six areas we focus on: prevention; recognition, evaluation and assessment; immediate care; treatment, rehabilitation and reconditioning; organization and administration; and professional development and responsibility. Athletic trainers are not typically a visible, front-line member of an athletic team, so every March we take the opportunity to shine a light on our work behind-the-scenes which means so much to every member of the organization.

Mayor Bruno Lozano and Council-member Raul Cardenas Ojeda have shown their appreciation by signing a city of Del Rio proclamation naming March as “National Athletic Training Month.” Staff and student trainers from Del Rio High School and Del Rio Middle School met in the City Council chamber to receive the proclamation and take a picture with Councilman Ojeda and DRHS Principal Dr. Jose Perez. Present but not in the picture is Athletic Director Rick Smith.

