



Medication Administration Guidelines

In accordance with the Nurse Practice Act, Texas Code section 217.11, the school nurse has the responsibility and authority to clarify any medication order with the appropriate licensed practitioner and/or refuse to administer medication that, in the nurse's judgment, is not in the best interest of the student.

According to Texas Law and SFDR CISD policy, all medications must comply with the following guidelines:

- A medication permission form or any action plan is valid for the current school year only and must be renewed at the beginning of each school year. **Handwritten notes will not be accepted for administering medication at school.**
- Medication must be brought to school by a parent/guardian for the safety of all children at school.
- **Controlled medication** count will be done by parent/guardian and school staff with pill count and signatures to verify correct number of pills upon delivery to school and when picking any remaining medication.
- Medication must be picked up by the parent/guardian at the end of the school year. Any medication not picked up by the last day of school will be destroyed.
- For safety reasons, the **first dose of any new medication** will be administered by the parent/guardian.
- **Prescription medication** must be in an original pharmacy container with original label. The pharmacy can make a second labeled bottle for school. Medication will be given per label instructions.
- All prescription medications must be prescribed by a Texas physician. Medication prescribed by out-of-state physicians, who are registered and licensed to practice medicine in the United States, may be administered up to 30 days. After 30 days, the parent must provide a prescription issued by a physician licensed to practice medicine in the State of Texas.
- Medication purchased in a foreign country may not be administered
- **Over-the-counter medication** must be age/weight appropriate, in the original container (No baggies) with the label intact and not expired. School personnel cannot give more medication than directed on the label unless there is a doctor's order. Must be FDA approved medication.
- Over-the-counter medication may not be given more than 5 consecutive days without a doctor's order.
- Doctor samples of medication require a doctor's order for administration.

- Herbal/dietary supplements provided by the parent will be administered only if required by the student's individualized education program (IEP) or Section 504 plan for a student with disabilities and requires a written doctor's order
- All medications brought to school, including over-the-counter medications, shall be kept in the school clinic in a locked cabinet. Students are not permitted to carry any medication (prescription or over-the-counter) with them during the school day and may be subject to the school district's discipline management plan if in possession of medication.
 - Exceptions to the above policy: If a child has been diagnosed with: asthma, anaphylaxis, or diabetes. These students may be allowed to carry and self-administer medications prescribed for these conditions, in the properly labeled original container, when a completed asthma, severe allergy, or diabetic management and treatment plan is received. These plans are available through the school health office. These plans will include written orders and signature from the prescribing physician stating it is medically necessary for the student to carry medication prescribed for asthma, anaphylaxis, or diabetes management and needs to be available for immediate administration.
 - The student must demonstrate the ability to properly self-administer the medication and express understanding of safety factors and the responsibility related to carrying the medication.